

14:00 – 14:45 Gunter Schlegel

Private practice with focus on health medicine, oncology, nutrition, microbiological therapy and micro-immunotherapy, Freiburg-Tiengen

Low dose immunotherapy: Regulation of the immune system through specific information modulation

The lecture shows important interfaces between the innate and acquired immune system as pacemakers for the progression of infections and/or chronic degenerative diseases. It is shown how the immune system regains its natural efficiency in defending against pathogens with the help of Low dose immunotherapy through the targeted transmission of information.

15:00 – 15:45 Dr. med. Bernd Hildenbrand

Chairman of the Leonardis Foundation, Head of the Research Network Molecular Cell and Immunotherapy, Head of the Centre for Health Research and Health Medicine, Herbolzheim in the Breisgau region

Next Generation Biologics - from the past into the future

The lecture will build a bridge from the biophysical and systems biology of life to the development of novel biologics for the promotion of immunological regulation and regeneration. The aim is to counteract chronic inflammatory diseases and to develop individual resilience factors in the sense of a salutogenetically balanced medicine.

Hotel recommendations:

NH Bingen

Tel. +49 30 2238 8599
www.nh-hotels.de

Hotel Würth am Freidhof

Tel. +49 6721 - 707 1801
www.wuerth-am-freidhof.de

Hotel Café Köppel

Tel. +49 6721-14770
www.hotel-koepfel.de

Papa Rhein Hotel & Spa

Tel. +49 6721-35010
www.paparheinhotel.de



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**Binding Registration
10th Human Medical Days Bingen**

Description: 10th Human Medical Days Bingen
Date: 23/9 to 24/9/2023
Location: Mariahilfstrasse 14 - 55411 Bingen
Gebühr: € 449,-- certificate and catering
(€ 399,-- for early registration until 31st July, 2023)

Name:
First name:
Practice:
Street:
ZIP:
City:
Phone:
Mobile:
Email:
City and Date:
Signature:

Please send to:

Cell Immun GmbH
Mariahilfstrasse 14 • 55411 Bingen
Phone +49 6721 49568-20
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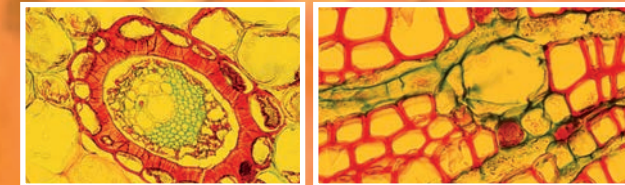
Please transfer the participation fee of € 449,- incl. VAT and catering up to 4 weeks before the congress.

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Please note: in case of cancellation later than four weeks prior to the event, the entire participation must be paid due to contractual reasons. We appreciate your understanding.

10th Human Medical Days Bingen
23rd to 24th September 2023

Medicine in upheaval
Significance of immunological regulation and regeneration for our health



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10th Human Medical Days Bingen

Scientific leadership:
Dr. med. Bernd Hildenbrand

Venue:
CELL IMMUN GmbH
Mariahilfstrasse 14 · 55411 Bingen

The Human Medical Days were brought to life 12 years ago under the initiative of Mrs. Stephanie Dreyer. From the beginning, her main concern was establishing a bridge between practical medicine and clinical research in order to develop the Integrative Medicine of the future under a salutogenic, life-quality-focused approach.

This event, now a tradition within its field, has evolved into an internationally recognised medical-scientific forum for doctors, therapists and researchers, as well as for interested minds and patients. Based on the newest research works from Biology, Chemistry and Physics, we can currently better understand fundamental life-forming processes within the human body in order to transform integrative therapeutic concepts. This systemic, biological research, mostly steered by the Leonardis Foundation, does not only allow to integrate and reinterpret earlier trendsetting immune-biological research from Edward Jenner to Paul Ehrlich, but also permits the reassessment of therapeutic concepts with integrative molecular and cell-biological approaches in the tradition of Prof. Dr. Paul Niehans, Prof. Dr. Albert Landsberger and many others.

Focus for both days:
BSIGNIFICANCE OF IMMUNOLOGICAL REGULATION AND REGENERATION FOR OUR HEALTH

Day 1 **Saturday, 23 September**

09:00 – 10:30 Prof. Dr. med. Uwe Rudolf Max Reuter
Medical Director and Head Physician of the “Klinik im LEBEN” in Greiz, honorary professor in the field of naturopathy at the Anhalt University

Integrative Natural Medicine in the context of immunological regulation and regeneration – experiences with the integration of organ peptides

Chronic diseases are on the rise, especially in industrialised continuously. Previous therapy concepts do not show any significant progress. This is where Integrative Natural Medicine comes in. On the basis of comprehensive integrative examination methods such as biocheck, extended immunodiagnosics, metabolic tests etc., it not only enables a deeper understanding of the dysregulation of organ systems and the development of chronic diseases, but also of individually oriented holistic treatment concepts. This includes, among other things, an effective elimination causes, supplementation of the metabolism, stimulation of energy, immunoregulatory therapies and the harmonisation of soul and spirit.

10:45 – 12:15 Dr. med. Adrian Stoenescu
Private practice for “Cause of Disease Medicine”, Wuppertal
Cause of Disease Medicine - there must be a reason

For a cause-related therapy is a preceding medical diagnosis important in order to be able to treatment measures accordingly. A red guideline for therapists is by presenting the most important six causes for most diseases. These are: 1. intestine, 2. pathogen, 3. spine, 4. stress all-in, 5. environmental toxins/teeth, 6. genetics.

12:15 – 14:00 LUNCH BREAK

14:00 – 15:30 Dr. rer. nat. Kirsten Beurer
Advanced training in health medicine, graduate biologist and doctorate in biochemistry

Radicals promote regeneration, but also inflammation: “The dose makes the difference”

Physiologically, free radicals are primarily formed within the scope of energy transformation. If they accumulate in body tissue, they are able to destroy cellular and molecular structures. For this reason, the organism has antioxidant protective systems, which can neutralise radicals. If these systems are overloaded, the resulting oxidative stress triggers inflammatory reactions in particular. This creates a vicious circle that can be broken with naturopathic methods.

16:00 – 17:30 Gisela Peters¹ and Omar La Rosa, MD²
¹Health practitioner, practice for integrative health medicine with a focus on system diagnostics electro-acupuncture according to Dr. Voll (EAV) and bioresonance procedures; ²Medical Director of the Panama Clinic for Integrative Medicine, Panama

Dysregulated inflammatory process: The inflammatory Reflex

The nervous system has the ability to reflexively intervene in inflammatory processes and modulate the immune response. It is interconnected via neuronal immunological processes. Scientists have found out, that cholinergic neurons are able to inhibit inflammation. Via a neuronally controlled inflammatory reflex, the nervous system is able to intervene, e.g. in the case of dysregulated inflammatory reactions. This lecture describes clinical correlations, therapeutic procedures and patient cases from medical practice.

FROM 18:00 „GET-TOGETHER“ IN THE HILDEGARD GARDEN
GET TO KNOW EACH OTHER AND EXCHANGE EXPERIENCES

Day 2 **Sunday, 24 September**

09:00 – 10:30 Univ.-Prof. Dr. rer. nat. Michael Huber
Director of the Institute for Biochemistry and Molecular Immunology, RWTH Aachen

Is chronic inflammation the plague of the 21st century?

The term “inflammation” wrongly has negative connotations. On the contrary, the process of acute inflammation is an urgently important step, that allows our immune system to successfully fight off microbial pathogens. The situation is completely different with chronic inflammatory processes, which are the basis for hundreds of millions of cases of type 2 diabetes worldwide. Besides genetic predisposition lifestyle (e.g. diet, exercise, smoking) plays a central role. This discussion will present the interactions between metabolism, chronic inflammation, the immune system and the intestinal microbiome. Finally, new scientific data on nutrition and ageing will be discussed.

11:00 – 12:30 Univ.-Prof. Dr. med. Thomas Skutella
Head of the Department of Neuroanatomy of the Institute of Anatomy and Cell Biology, University of Heidelberg

Regeneration with vesicle-based therapy through partial reprogramming and targeted differentiation

The advent of reprogramming technology enables the use of iPSCs in combination with established protocols for directed differentiation protocols to rejuvenate adult stem cells. Improvements in reprogramming methods have increased the efficiency of iPSC derivation and the quality of the iPSC lines used. The generation of immunocompetent cells from iPSCs continues to improve the quality for extracellular vesicle -based therapy.

12:15 – 14:00 LUNCH BREAK